

TRACKS6000 REGULATION, 20 July 2024

Art. 1 - Registration

All persons who are 18 years of age or older at the time of the event are eligible to participate. Registration for the event will take place via the www.tracks6000.com website, which requires, in addition to entering personal details, also approval of these regulations and the disclaimer, consent for the purposes of privacy legislation, payment of the registration fee and submission of a copy of the medical certificate of fitness for competitive sport or for particular and high cardiovascular commitment in the sport of cycling, as per Ministerial Decree 18/02/1982 and/or Ministerial Decree 24/04/2013 issued by a doctor specialising in sports medicine and valid at the time of the event. On the day of the event, when the travel card is issued, each participant, in addition to presenting the original medical certificate and valid identity documents, must sign the regulations and the release form which will be shown to him/her and which, in copy, are available for download on the "Registration" page of the www.tracks6000.com website. Failure to sign these forms will make it impossible to take part in the event. The event will be held in all weather conditions: it will then be up to the participant to decide whether or not to take part. The registration fee is not refundable for any reason whatsoever, not even in the case of incomplete submission of the documents required to complete the registration.

Participation with electric bicycles is not permitted.

Participation with any other type of bicycle is permitted, although the use of a mountain bike is strongly recommended.

Article 2 - Affiliation

Each participant must be in possession of a valid membership card for the ASD "Tracks" based in Borgo Valsugana (TN). The membership card, included in the fee, will be issued automatically upon registration and payment of the balance. Enrolment in Tracks 6000 automatically entails, at no extra cost, enrolment in MSP (Movimento Sportivo Popolare), a sports promotion body recognised by CONI, which will provide compulsory insurance on behalf of and in the interest of the participant as per Ministerial Decree 03/11/2010. No surcharge will be applied. It is not necessary to already be a member of an ASD regularly affiliated with an organisation recognised by CONI. In this case, in fact, it will be possible to participate in a "free" manner as long as one is in possession of a certificate of suitability for competitive sport or particular and high cardiovascular commitment of the sport of cycling, as per Ministerial Decree 18/02/1982 and/or Ministerial Decree 24/04/2013 issued by a doctor specialising in sports medicine and valid at the time of the event. In any case, as per art. 1, all participants, without distinction, at the time of registration, and in any case no later than 30/6/2024, will be required to send a copy of the medical certificate as well as to present the original of the same to the organisation on the day of the event.

Art. 3 - Route and Start

The event will begin and end in Val Campelle, Scurelle (TN), at the Carletini Refuge.

The departure date is set for 20 July 2024, at 7.30 a.m.

The route has a length of approx. 160 km and a total altitude difference of approx. 6,300 m (+/- 20%). By 10/7/2024, participants will receive the GPS track and roadbook by e-mail. Each participant, for the sole purpose of inclusion in the list of finishers, will be required to follow the gps track from start to finish after having uploaded it onto a special device not provided by the organisation. Cuts in the route are not allowed, under penalty of not being included in the list of finishers (except for cuts or changes in the route made necessary by external events - building sites, landslides, roadblocks - which could not be foreseen or predicted by the organisation when preparing the GPS track). The organisation reserves the right to carry out checks along the route as well as the right to request the GPS track, which must be recorded by each participant.

Art. 4 - Characteristics of the event - warnings

Tracks6000 is a cycling adventure on asphalt roads, dirt roads and paths; the entire route will be open to traffic at all times and therefore it is mandatory for all participants to respect the Highway Code. The participant acknowledges that he/she is aware that the route is not signposted, travels at his/her own risk and is considered to be a free personal excursion with no extra rights compared to other trail and road users. He/she is aware that there is no health, food and mechanical assistance service on the part of the organisers; there is no pick-up service for those who have withdrawn and there is no obligation on the part of the organisers to search for participants on the route. The participant undertakes to notify the organisation of his withdrawal by sending a text message (no phone calls, no whatsapp) to the following telephone number: 339 8075925.

The participant is aware that the organising ASD "Tracks" is not a professional organising body, but that it is acting solely for recreational and non-pecuniary purposes (1174 Civil Code) and therefore participation in the Tracks6000 cycling excursion is always by free choice and for recreational and non-pecuniary purposes. It therefore follows that the above-mentioned organising ASD is exempt, and in any case indemnified, from any liability connected with the Tracks6000 cycling excursion. It is also indemnified against any liability relating to events occurring to the cyclist such as: accidents, loss of the route, physical problems, death, accidents, theft etc. It therefore follows that the Tracks6000 cycling excursion is to be understood as a purely spontaneous and independent gathering of bicycle tourists and cyclists on a free and personal excursion.

The cyclist participating in Tracks6000 renounces any legal action for any reason whatsoever against ASD Tracks, recognising that it is a non-professional association acting for recreational purposes that does not meet the requirements of Article 1174 of the Civil Code.

The participant undertakes to respect and keep clean the places traversed: meadows, woods, paths and farmland, and undertakes not to throw away any rubbish produced along the route, but to dispose of it in the appropriate collection containers.

It is also mandatory to carry a repair kit for breakdowns and punctures.

Excellent physical fitness, resistance to prolonged exertion and above all a spirit of adaptation are required of participants. No barrier thresholds have been set, nor is there a time limit except, in the latter respect, what is necessarily stipulated in the last paragraph of these regulations. There are no rankings or prizes.

Any kind of external support (except for emergencies) as well as the use of motorised vehicles is prohibited. Excellent orientation and GPS knowledge is required. The route must be followed in its entirety and without cuts. Should you stray from it, you must pick it up again from the point where you left off.

Failure to comply with these regulations in their entirety will result in non-inclusion in the list of finishers.

Article 5 - Control

There may be checkpoints to verify that the participant has not made any cuts. The organisation reserves the right to request the GPS track, which must therefore be recorded by each participant.

Art. 6 - Compulsory Kit

For their own personal safety, in the event of an emergency or loss of the route, each participant is obliged to carry the following minimum safety equipment with them for the duration of their trip:

- reflective waistcoat for night-time walking
- whistle or bell
- GPS
- cellular
- homologated helmet to be worn at all times
- thermal aluminium sheeting
- white front and red rear lights, fitted.
- frontal torch

By signing this regulation, the participant declares under his own responsibility that he is in possession of and has this equipment with him at the time of departure and that his bicycle is equipped with all the equipment prescribed as mandatory by the Highway Code.

Art. 7 - Final Rule

Tracks6000 is a non-competitive endurance race of considerable psychophysical effort, even extreme, and without rankings. Each participant must be, on the date of departure, in excellent physical condition, and without any apparent contraindications. Physical conditions such as to allow this cycling excursion to be carried out in total safety as far as one's physique is concerned. The route is an off-road track with some particularly rough and rugged stretches that therefore require excellent riding technique. There are several challenging stretches (ridges, steps, walkways, ridge climbs, fords of streams, banks and embankments of streams, paths with significant gradients, steep descents, etc.) that must be tackled with the utmost caution without creating hazards.

Having specified the provisions of Article 3, each participant is naturally free to avoid these dangers by choosing, on his or her own initiative, alternative routes that he or she considers safer for his or her safety.

Asking each participant to participate in Tracks6000:

- declares that he/she has read and approved these regulations and accepts each and every part of them;
- declares that she/he is aware of and accepts the fact that the route runs along ridges and exposed points and that, consequently, straying from the route and/or any falls, even along the route itself, may prove to be very dangerous and even fatal;
- declares that he/she is aware of and accepts the circumstance that along the route, and outside of it, there may be felled trees and unsafe trees, the overcoming or falling of which could prove to be very dangerous and even fatal;
- declares that he/she is aware and accepts the circumstance that there may be forestry sites along the route that inhibit transit, either on foot or by mechanical means. In such eventualities, as in all other eventualities considered dangerous and/or contrary to the Highway Code, the participant will independently vary the route at his or her own discretion;
- declares that he/she is aware that the route is not signposted, not even at the main crossroads, and that it can only be identified via the GPS track provided by the organisation;
- declares that he/she is aware that all the itinerary will be open to road traffic and walkers at all times and that there is no obligation on the part of the organisation to guard the roads travelled by participants in the Tracks6000 cycling excursion or to secure dangerous spots;
- declares that he/she is aware and accepts the circumstance that the route takes place, for its entirety, at high altitude and in a mountain environment, even severe, with technical and exposed stretches, both uphill and downhill, with the possibility of even severe weather events. To tackle the route, which also involves many hours in the saddle and riding at night, it is therefore necessary to possess specific skills and abilities, both physical, mental and technical;
- declares that he/she has taken note that the event is a non-competitive endurance trial of considerable physical, psychophysical effort and without rankings;
- declares that he/she is aware that, being an off-road mountain route, which will be followed by each participant by means of a GPS track provided by the organisation (to be uploaded, under the sole responsibility of each participant, onto a suitable device not provided by the organisation itself), some stretches of the route may be particularly rough and uneven to the point of having to be covered on foot, even for long stretches, pushing the vehicle, both uphill and downhill. In such stretches, and in any case over the entire route, excellent riding technique is required (in the absence of which the participant, at his own discretion, will overcome the difficult stretch by getting off the bike and proceeding on foot or changing route);
- declares that he/she is aware that the entire route is open to road traffic and walkers and that, therefore, compliance with the Highway Code is mandatory;
- declares that he/she will tackle challenging stretches such as steps, ridges, steep trails and descents, exposed paths, fords, with the utmost caution without causing danger or damage to him/herself or to other cyclists by choosing on his/her own initiative route alternatives that he/she considers safer for his/her own safety;
- declares to have experience in GPS navigation in off-road and/or otherwise untracked routes;
- declares that he is experienced and aware that the route is not marked, not monitored and that there are no safety posts and/or rescue personnel along the route;
- declares that he is aware of and has experience in cycling routes and trails;
- declares that he/she has experience and is aware of the possibility of encountering adverse weather conditions and that he/she is able to navigate and ride in hills and mountains in such conditions;
- states that he is physically prepared to face many hours on a bike non-stop and in complete self-sufficiency;
- declares that he does not use doping or drugs or medicinal substances that may alter performance or lead to harm or danger to himself or others;
- declares that he/she has all the necessary equipment to take part in adventures such as this one and that he/she will independently walk the track requested by the organisation;
- declares that he/she is aware that unforeseen events may occur along the route such as landslides, sunshine, felled or crumbling trees, wind, rain, hail, lightning, cold, night, darkness, fog, snow, ice, landslides, encounters with unattended and/or wild animals, falls, accidental collisions with other participants or with people passing by and/or with motor vehicles on the carriageway sections and declares that he/she is adequately prepared to deal with emergency situations;
- declares that its equipment is in excellent condition and ready for use;
- stands surety for its conduct during and after the event;
- declares that the aptitude medical certificate for competitive or highly cardiovascular cycling is in accordance with Ministerial Decree 18/02/1982 and/or Ministerial Decree 24/04/2013 and issued by a doctor specialising in sports medicine;
- declares that he/she is in excellent physical condition and that he/she has undergone a medical aptitude examination for competitive cycling or cycle touring, with high cardiovascular commitment, providing the organisation with the broadest indemnity for any damage he/she may suffer as a result of his/her participation in the event;
- Pursuant to current privacy legislation, he/she gives his/her consent to the use of his/her data, also for commercial purposes. He/she explicitly authorises the organisation to enter and publish his/her name as participant and/or finisher on the website, or on the Facebook and/or Instagram page. Participation in the Event entails the processing of participants' personal data for the purposes and in the manner described in the Organiser's Privacy Policy. The data controller is the Organiser. By registering for the Event, the participant confirms that he/she has carefully read the Organiser's Privacy Policy and approves it in its entirety.
- grants the organisers the widest possible consent to use, in the manner permitted by law, including for profit, any of its video images, photographs, etc. taken during the event, providing the organisation from the moment of registration with the right to transfer such images to third parties;
- expressly authorises the organisation, free of charge, to use images, still and/or moving, portraying its own person, taken during the event, on all the days of its duration. This authorisation to use one's own image is to be understood as given for an indefinite period of time and without territorial limits throughout the world, for use in various publications and films, including, purely by way of example and not limited to, promotional and/or advertising materials produced on all media, publication on the website or on the event's Facebook and/or Instagram page. The organisation may also assign the rights of use provided for in this agreement to third parties and to its institutional and commercial partners.

The organisers disclaim all liability for themselves and their staff for accidents or damage to persons or property that may occur before, during and after the event or as a result of the event, and also reserve the right to exclude cyclists who misbehave before, during and after the event from the event;

- For unavoidable and obvious organisational purposes, those registered will be considered "participants" in the event from the actual moment of departure, set for 7.30 a.m. of 20 July 2024 (except for time shifts not foreseeable at today's date), until their actual arrival at Rifugio Carletini, Val Campelle, Scurelle (TN) - the same place where the start took place - or, in case of non-arrival, until the moment of their withdrawal notice to be sent, exclusively by sms (no phone calls or whatsapp), to n. 339 8075925. In the absence of communication of withdrawal, for all legal purposes and also for any insurance purposes, the subscriber shall be considered to have ceased to be a "participant" and "subscriber" if, within 100 hours of departure, he/she does not arrive at the Carletini Refuge, Val Campelle, Scurelle (TN), the same place where the start took place. The event will therefore end definitively, in any case, 100 hours after the start.

Scurelle, on _____

Signature for reading and acceptance (legible) _____