



## TRACKS6000 REGULATION, 15 July 2023

### Art. 1 - Registration

All persons aged 18 years or over at the time of the event are eligible to take part. Registration for the event will take place via the website [www.tracks6000.com](http://www.tracks6000.com) which requires, in addition to entering personal details, also the approval of these regulations and the disclaimer, consent for the purposes of privacy legislation, payment of the registration fee and sending a copy of the medical certificate of fitness for competitive sport or particular and high cardiovascular commitment of the sport of cycling, according to DM 18/02/1982 and / or DM 24/04/2013 issued by a doctor specialising in sports medicine and valid at the time of the event. On the day of the event, when the travel card is issued, each participant, in addition to submitting the original medical certificate and valid identity documents, must sign the regulations and the release form which will be shown to him and which, in copy, are available for download on the "Registration" page of the website [www.tracks6000.com](http://www.tracks6000.com). Failure to sign these forms will make it impossible to take part in the event. The event will be held in all weather conditions: it will then be up to the participant to decide whether or not to take part. The registration fee is not refundable for any reason, not even in the case of incomplete submission of the documents required to complete the registration. Participation with electric bicycles is not permitted. Participation with any other type of bike is allowed, although the use of a mountain bike is strongly recommended.

### Art. 2 - Affiliation

Each participant must be in possession of a valid membership card of the ASD "Tracks" based in Borgo Valsugana (TN). The membership card, included in the fee, will be issued automatically upon registration and payment of the balance. Registration with Tracks 6000 automatically entails, at no additional cost, registration with MSP (Movimento Sportivo Popolare), a sports promotion organisation recognised by CONI, which will provide compulsory insurance on behalf of and in the interests of the participant as per Ministerial Decree 03/11/2010. No surcharge will be applied. It is not necessary to already be a member of an ASD regularly affiliated with an organisation recognised by CONI. In this case, in fact, it will be possible to participate in a "free" manner as long as in possession of a certificate of fitness for competitive sport or particular and high cardiovascular commitment of the sport of cycling, as per Ministerial Decree 18/02/1982 and/or Ministerial Decree 24/04/2013 issued by a doctor specialising in sports medicine and valid at the time of the event. In any case, as per art. 1, all participants, without distinction, at the time of registration, and in any case no later than 30/6/2023, will be required to send a copy of the medical certificate as well as to show the organisation the original of the same on the day of the event.

### Art. 3 - Route and start

The event will begin and end in Val Campelle, Scurelle (TN), at the Carletti Refuge.

The departure date is set for July 15 2023, at 7.30.

The route has a length of about km 160 and a total altitude difference of about 6,200 m. (+/- 20%). By 8/7/2023, participants will receive by e-mail the GPS track and the corresponding roadbook. Each participant, for the sole purpose of inclusion in the list of finishers, will be required to follow the GPS track from start to finish after uploading it onto a special device not provided by the organisation. Cuts in the route are not allowed under penalty of not being included in the list of finishers (except for cuts or changes in the route made necessary by external events - construction sites, landslides, road closures - which could not be foreseen or predicted by the organisation at the time of preparing the GPS track). The organisation reserves the right to carry out checks along the route as well as the right to request the GPS track which must be registered by each participant.

### Art. 4 - Characteristics of the event - warnings

Tracks 6000 is a cycling adventure on tarmac roads, gravel roads and footpaths; the entire route will always be open to traffic and therefore it is mandatory for all participants to respect the Highway Code. The participant acknowledges that he/she is aware that the route is not signposted, travels at his/her own risk and is considered to be a free personal excursion with no extra rights compared to other users of the paths and roads. He/she is aware that there is no health, food or mechanical assistance service provided by the organisers; there is no recovery service for those who have withdrawn and there is no obligation on the part of the organisers to search for participants along the route. The participant undertakes to inform the organisation of his withdrawal by sending a text message (no phone calls, no whatsapp) to the following telephone number: 339 8075925.

The participant is aware that the organising ASD "Tracks" is not a professional organising body, but acts solely for recreational and non-pecuniary purposes (1174 Civil Code) and therefore participation in the Tracks 6000 cycling excursion is always a matter of free choice and for recreational and non-pecuniary purposes. It therefore follows that the above-mentioned organising ASD is exempt from, and in any case relieved of, any liability in connection with the Tracks 6000 cycle tour. It is also exempt from any liability in connection with any eventualities that may occur to the cyclist, such as: accidents, loss of the route, physical problems, death, accidents, theft, etc. It therefore follows that the Tracks 6000 cycle tour is merely a spontaneous and independent gathering of cyclists and amateur cyclists on a free and personal excursion.

The cyclist taking part in Tracks 6000 renounces taking any legal action whatsoever against ASD Tracks, acknowledging that it is a non-professional association acting for recreational purposes that do not meet the requirements of Article 1174 of the Civil Code.

The participant undertakes to respect and keep clean the places crossed: meadows, woods, paths and farmland, he undertakes not to throw away any rubbish produced along the route but to dispose of it in the appropriate containers.

It is also compulsory to carry a repair kit for breakdowns and punctures.

Participants must be in good physical condition, be resistant to prolonged effort and above all be adaptable. No thresholds have been set, nor is there a time limit except, in this last respect, as necessarily provided for in the last paragraph of these rules. There are no rankings or prizes.

Any kind of external support (except for emergencies) and the use of motorised vehicles is prohibited. Excellent orientation and knowledge of GPS is required. The route must be followed in its entirety and without cuts. If you deviate from it, you must pick it up again from the point where you left it.

Failure to comply with these regulations in all their parts will result in non-inclusion in the list of finishers.

### Article 5 - Control

There may be checkpoints to verify that the participant has not made any cuts. The organisation reserves the right to request the GPS track, which must therefore be recorded by each participant.

### Art. 6 - Compulsory kit

For their own personal safety, in the event of an emergency or loss of the route, each participant is obliged to carry the following minimum safety equipment with them throughout their trip:

- reflective waistcoat for night-time walking
- whistle or bell
- GPS
- mobile
- approved helmet to be worn at all times
- aluminium heat shield
- white front and red rear lights, fitted.
- frontal torch

By signing this regulation, the participant declares under his own responsibility that he is in possession of and has with him at the time of departure this material and that his bike is equipped with all the equipment required by the Highway Code.

### Art. 7 - Final rule

Tracks 6000 is a non-competitive endurance race of considerable mental and physical effort, even extreme, and without rankings. Each participant must be in excellent physical condition on the date of departure, without any apparent contraindications. Physical conditions such as to allow this cycling excursion to be carried out in total safety as far as one's body is concerned. The route is an off-road track with some particularly rough and rugged sections that require excellent riding technique. There are several challenging stretches (ridges, steps, walkways, uphill ridges, fords in streams, banks and embankments of streams, paths with significant gradients, steep descents, etc.) that should be tackled with the utmost caution without creating any danger. In accordance with the provisions of art. 3, each participant is naturally free to avoid these dangers by choosing, on his own initiative, alternative routes that he considers safer for his own safety.

Asking to participate in Tracks6000 every participant:

- declares that he has read and approved the present regulation and accepts all its parts;
  - declares that he/she is aware and accepts that the route runs along ridges and exposed points and that, consequently, straying from the route and/or falling, even along the route itself, can be very dangerous and even fatal;
  - declares that he/she is aware and accepts the circumstance that along the route, and outside of it, there may be fallen trees and dangerous trees, the overcoming or falling of which could prove very dangerous and even fatal;
  - declares that he/she is aware of and accepts the circumstance that there may be forestry sites along the route that inhibit transit, both on foot and by mechanical means. In such cases, as well as in all other cases considered dangerous and/or contrary to the Highway Code, the participant will vary the route at his own discretion;
  - declares that he/she is aware that the route is not signposted, not even at the main crossroads, and that it can only be identified by the GPS track provided by the organisation;
  - declares that he/she is aware that all the itinerary will always be open to road traffic and hikers and that there is no obligation on the part of the organisation to guard the roads travelled by the participants in the Tracks6000 cycling excursion or to secure dangerous spots;
  - declares that he/she is aware of and accepts the fact that the entire route takes place at high altitude and in a mountain environment, even severe, with technical and exposed sections, both uphill and downhill, with the possibility of atmospheric events even of strong intensity. To tackle the route, which also involves many hours in the saddle and riding at night, it is therefore necessary to possess specific skills and abilities, both physical, mental and technical;
  - declares that he/she is aware that the event is a non-competitive endurance race of considerable physical, psychophysical effort and without rankings;
  - declares to be aware that, being an off-road mountain track, which will be followed by each participant by means of a GPS track provided by the organisation (to be loaded, at the sole care of each participant, on a suitable device not provided by the organisation itself), some stretches of the route may be particularly rough and uneven so as to have to be covered on foot, even for long stretches, pushing the vehicle, both uphill and downhill. In these stretches, and in any case along the whole route, an excellent riding technique is required (failing which the participant, at his own discretion, will overcome the difficult stretch by getting off the bike and proceeding on foot or changing route);
  - declares that he/she is aware that the entire route is open to road traffic and hikers and that, therefore, compliance with the Highway Code is mandatory;
  - declares that he/she will tackle challenging stretches such as steps, ridges, steep paths and descents, exposed paths, fords, with the utmost caution without causing danger or damage to himself/herself or to other cyclists, choosing on his/her own initiative alternative routes that he/she considers safer for his/her own safety;
  - declares to have experience in GPS navigation in off-road and/or untracked routes;
  - declares that he has experience and is aware that the route is not marked, not monitored and that there are no safety posts and/or rescue personnel along the route;
  - declares that he/she is aware of and has experience in cycling routes and trails;
  - declares that he/she has experience and is aware of the possibility of encountering adverse weather conditions and that he/she is able to navigate and ride in hills and mountains in such conditions;
  - states that he is physically prepared to face many hours of non-stop cycling in complete self-sufficiency;
  - declares that he does not use doping or drugs or medicinal substances that may alter performance or lead to situations of harm or danger to himself or others;
  - declares that he has all the necessary equipment to take part in adventures such as this one and that he will walk independently along the track requested by the organisation;
  - declares that he/she is aware that unforeseen events may occur along the route, such as landslides, sunshine, felled or crumbling trees, wind, rain, hail, lightning, cold, night, darkness, fog, snow, ice, landslides, encounters with unattended and/or wild animals, falls, accidental collisions with other participants or people passing by and/or with vehicles on the carriageable road sections, and declares that he/she is adequately prepared to deal with emergency situations;
  - declares that its equipment is in excellent condition and ready for use;
  - stands surety for its behaviour during and after the event;
  - declares that the medical certificate for competitive cycling or cycling with a high cardiovascular effort complies with Ministerial Decree 18/02/1982 and/or Ministerial Decree 24/04/2013 and is issued by a doctor specialising in sports medicine;
  - declares to be in excellent physical condition and to have undergone a medical aptitude test for competitive cycling or cycle touring, with high cardiovascular commitment, providing the organisation with the widest possible indemnity for any damage he may suffer as a result of his participation in the event;
  - in accordance with current privacy legislation, expresses consent to the use of his or her data, including for commercial purposes. He/she explicitly authorises the organisation to enter and publish his/her name as participant and/or finisher on the website, or on the Facebook and/or Instagram page. Participation in the Event entails the processing of participants' personal data for the purposes and in the manner described in the Organiser's Privacy Policy. The data controller is the Organiser. By registering for the Event, the participant confirms that he/she has carefully read the Organiser's Privacy Policy and approves it in its entirety.
  - grants the organisers the widest consent to use, in the ways permitted by law, even for profit, any of its video images, photographs, etc.. taken during the event, providing the organisation from the moment of registration the right to transfer these images to third parties;
  - expressly authorises the organisation, free of charge, to use images, still and/or moving, of themselves, taken during the event, on all the days of its duration. This authorisation to use one's own image is to be understood as given for an indefinite period of time and without territorial limits throughout the world, for use in various publications and films, including, purely by way of example and not limited to, promotional and/or advertising material produced on all media, publication on the website or on the event's Facebook and/or Instagram page. The organisation may also transfer the rights of use provided for in this agreement to third parties and to its own institutional and commercial partners.
- The organisation declines all responsibility for itself and its staff for accidents or damage to persons or property that may occur before, during and after the event or as a result of the event and reserves the right to exclude from the event cyclists who have misbehaved before, during and after the event;
- For unavoidable and obvious organisational purposes, the registered participants will be considered "participants" in the event from the actual moment of departure, fixed for 7.30 July 15 2023 (except for unforeseeable time shifts), until their actual arrival at the Carlettini Refuge, Val Campelle, Scurelle (TN) - the same place where the departure took place - or, in case of non-arrival, until the moment of their withdrawal notice to be sent, exclusively by sms (no phone calls or whatsapp), to the number 339 8075925. In the absence of communication of withdrawal, for all legal purposes and also for any insurance purposes, the member shall be considered in any case ceased from the quality and qualification of "participant" and "member" if, within 100 hours from the start, he does not arrive at the Rifugio Carlettini, Val Campelle, Scurelle (TN), the same place where the start took place. The event will therefore end definitively, in any case, 100 hours after the start.

Scurelle, on \_\_\_\_\_ Signature

for reading and acceptance (legible) \_\_\_\_\_