

LIABILITY RELEASE and INFORMATION DOCUMENT for TRACKS6000, edition 2024

The undersigned:

surname first name born on a
tax code resident in postal code city
province country tel. e-mail

I hereby register for the event called **TRACKS6000 of 160 km and 6300 metres of positive height gain (+/- 20%)**, organised in **Val Campelle, SCURELLE (TN)**, by **ASD TRACKS**, based in Borgo Valsugana (TN), Viale Roma n. 1/B, on **20/7/2024**,

DECLARE that

- wishing to join, as a non-competitive sympathising member, the ASD Tracks, based in Borgo Valsugana (TN), Viale Roma no. 1/B, as well as wishing to join the MSP (Movimento Sportivo Popolare), a sports promotion body recognised by CONI;
- having taken note that the event in which he/she is participating is a non-competitive endurance event of considerable psychophysical effort (even extreme) and without rankings;
- currently be in excellent physical condition and without any apparent contraindications. Physical condition such that you are able to carry out this cycling excursion (Tracks6000) in complete safety as far as your physique is concerned;
- be aware that, since this is an off-road mountain route, which will be followed by each participant by means of a GPS track provided by the organisation (to be uploaded, under the sole responsibility of each participant, onto a suitable device not provided by the organisation itself), some stretches of the route may be particularly rough and uneven, so much so that they must be covered on foot, even for long stretches, pushing the vehicle, both uphill and downhill. In such stretches, and in any case throughout the entire route, excellent riding technique is required (in the absence of which the participant, at his own discretion, will overcome the difficult stretch by getting off the bike and proceeding on foot or changing route);
- tackling demanding sections of the route (steps, walkways, ridge climbs, fords in streams, banks and embankments of streams, paths with considerable gradients, steep descents, etc.) with the utmost caution without creating dangers for oneself and other cyclists or to avoid them by choosing on one's own initiative alternative routes that one considers safer for one's own safety;
- be aware of and accept the fact that the route runs along ridges and exposed points and that, consequently, straying from the route and/or falling, even along the route itself, can prove to be very dangerous and even fatal;
- be aware of and accept the fact that there may be felled trees and unsafe trees along the route, and outside the route, whose overcoming or falling could prove very dangerous and even fatal;
- be aware and accept the circumstance that there may be forestry sites along the route that inhibit transit, either on foot or by mechanical means. In such eventualities, as in all other eventualities considered dangerous and/or contrary to the Highway Code, the participant will independently vary the route at his or her own discretion;
- be aware and accept the circumstance that the route takes place, for its entirety, at high altitude and in a mountainous environment, even severe, with technical and exposed stretches, both uphill and downhill, with the possibility of even severe weather events. In order to tackle the route, which also involves many hours in the saddle and possible night riding, it is therefore necessary to possess specific skills and abilities, both physical, mental and technical.
- to be a member of an ASD regularly affiliated with a CONI-recognised body and therefore to have deposited with the club with which he/she is registered the original certificate of fitness for the practice of competitive sport, or with a high cardiovascular commitment, of the sport of cycling, as governed by the Ministerial Decree of 24/04/2013 and/or the Ministerial Decree of 18/02/1982, attaching a copy of the aforementioned certificate to this release, or
- not be a member of an ASD and to participate in a "free" manner in the aforementioned cycling excursion (Tracks6000) by enclosing with this declaration a copy of the certificate of fitness for the practice of competitive sport or of particular and high cardiovascular commitment of the sport of cycling, pursuant to art. 4 and compliant with Mod "D" as per Ministerial Decree 24/04/2013 and/or Ministerial Decree 18/2/1982, issued by a doctor specialising in sports medicine, declaring that the same is compliant with the original and that it has been reconfirmed to the organisation;
- be in possession of R.C. insurance by means of a licence/card issued by an ASD affiliated to a recognised organisation, and/or in any case be covered by a personal insurance policy, which guarantees adequate cover for any damage occurring during participation in this cycling excursion (Tracks6000);
- having read and taken note of the route itinerary, the relevant altimetry, the programme, the time of passage at the various controls in relation to weather and road conditions that may be difficult (sun, wind, rain, hail, lightning, cold, night, darkness, fog, snow, ice, tornadoes, unattended and/or wild animals, etc.);
- to be fully aware of the rules of the Road Traffic Act and to undertake to comply with them by avoiding any violation;
- having read, understood and complied with all the information and regulations concerning the organisation of the cycle tour (Tracks6000) disseminated via documents, brochures and the website www.tracks6000.com;
- having received, from the person in charge of the event, the instructions and rules to be observed with regard to the COVID-19 pandemic;
- not to use doping or drugs or medicines or any substance that may alter sporting performance or otherwise result in harm or danger to oneself or others;
- Fully accept the Tracks6000 Rules and Regulations attached hereto and countersigned. Without reservation;
- be aware of and approve that: those registered shall be considered "participants" in the event from the actual moment of departure, set for 7.30 a.m. on 15 July 2023 (except for time shifts not foreseeable at today's date), until their actual arrival at Rifugio Carletini, Val Campelle, Scurelle (TN) - the same place where the start took place - or, in case of non-arrival, until the moment of their withdrawal notice to be sent, exclusively by sms (no phone calls, no whatsapp), to n. 339 8075925. In the absence of notice of withdrawal, for all legal purposes and also for any insurance purposes, the participant shall in any case be deemed to have ceased to be a "participant" and "registered" if, within 100 hours of departure, he/she does not arrive at the Carletini Refuge, Val Campelle, Scurelle (TN), the same place where the start took place. The event will therefore end definitively, in any case, 100 hours after the start.

TAKES NOTE OF AND UNDERTAKES THE FOLLOWING POINTS

- that the route is not signposted, not even at the main junctions. It can only be identified via GPS track provided by the organisation;
- that it is not a competitive race, but a free cycling excursion without rankings; that each cyclist travels at his or her own risk and is considered to be on a free personal excursion with no extra rights compared to other trail and road users;
- that each cyclist is solely responsible for his or her behaviour contrary to, or otherwise in violation of, the rules of the Highway Code of which he or she is fully aware;
- that there is no health, food and mechanical assistance provided by the organisers of the Tracks6000 cycle tour;
- there is no pick-up service for retreatants, nor are there any obligations on the part of the organisers to search for participants on the route of the Tracks6000 cycle tour;
- who undertakes to notify the organiser in the event of withdrawal by sending a text message (no Whatsapp) to No. 339 8075925;
- that there is no obligation on the part of the organisation to guard the roads traversed by cyclists taking part in the Tracks6000 cycling excursion or to secure danger spots. He has therefore been informed and is aware that no member of the organisation will guard the roads and secure the danger spots;
- that the ASD Tracks, as organiser, is not a professional organising body, but acts solely for recreational and non-pecuniary purposes (1174 Civil Code); and therefore participation in the event is always by free choice and for recreational and non-pecuniary purposes. It therefore follows that the above-mentioned organising ASD is exempt, and in any case relieved, from any liability connected with the cycling excursion (Tracks6000). It is also indemnified against any liability in respect of events occurring to the cyclist during the cycling excursion (Tracks6000) such as: accidents, loss of the route, physical problems, accidents, theft, death, etc. It therefore follows that the cycling excursion (Tracks6000) is to be understood as a mere meeting with spontaneous and independent participation of cyclists and cyclists on a free and personal excursion;
- that out of a pure spirit of hospitality and courtesy, without the requirements of Article 1174 et seq. of the Civil Code, the above-mentioned organising ASD may organise one or more refreshments for participants;
- that, therefore, the cyclist taking part in the cycling excursion (Tracks6000) renounces any legal action for any reason whatsoever against the above-mentioned organising ASD, acknowledging that the same is a non-professional association acting for recreational purposes lacking the requirements under Article 1174 of the Civil Code;
- the entire route, including forest roads, dirt tracks and paths, will be open to traffic and hikers at all times and therefore it is mandatory for all participants to comply with the Highway Code and the rules of common prudence

BEFORE, DURING AND AFTER THE TRACKS6000 CYCLE TOUR UNDERTAKES TO

- comply scrupulously and obligatorily with the requirements of the Highway Code ;
- Respect and keep clean the places traversed: meadows, forests, paths and agricultural properties;
- not to throw the waste produced along the route but to dispose of it in the appropriate collection containers;
- wear an approved protective helmet and be equipped with a puncture-proof kit, rain cape and survival blanket;
- declares that his or her bicycle is equipped with a bell, reflectors, front and rear lights and, in any case, all compulsory devices required by the Highway Code;
- not to form large groups that impede regular car traffic and to facilitate it;
- ride in single file and use any cycle lanes and/or benches reserved for cyclists if present;
- use white front and red rear lighting well fixed on the bicycle and adequate when natural light is insufficient;
- It is mandatory to wear reflective bands and any warning lights when natural light is insufficient;
- behave respectfully and correctly towards the other participants and those present along the route;
- comply with the regulations related to the COVID-19 pandemic.

By signing this waiver, the participant declares that he/she is in possession of and has with him/her at the time of departure all the compulsory material referred to in the preceding paragraphs. He/ she also declares that this material is in perfect working order.

Entry to Tracks6000 is conditional on full acceptance of the above statements and the rules of Tracks 6000, without reservation.

Scurelle, on _____

Signature for reading and acceptance (legible)

Information on data protection

I, the undersigned, give my consent to the use of my personal data by the organiser for the purposes connected with or instrumental to the exercise of the activity. The organiser will store the data on computer media and the data will be processed in full compliance with the security measures to protect confidentiality. As provided for by law, you may at any time write to the data controller c/o the organising association and obtain the updating or deletion of your data free of charge.

Signature reading and acceptance (legible) _____

Consent to processing for the purposes and in the manner indicated in the data protection legislation

With my explicit consent I allow the organising company to contact me, carry out statistical analysis and market research. Furthermore, my data may with my explicit consent be provided for statistical analysis and market research to other autonomous data controllers, whose updated list can be consulted at the data controller. I authorise the processing of my data for the following purposes: receiving information by mail, telephone, e-mail, sms, mms, carrying out statistical analyses by the organising company.

Signature for reading and acceptance (legible) _____