

LIABILITY RELEASE and INFORMATION DOCUMENT for TRACKS6000, edition 2022



The undersigned:

last name first name born on a tax code resident in postal code city province country tel. e-mail

I hereby register for the event called **TRACKS6000 of km 160 and 6200 metres of positive height gain (+/- 20%)**, organised in **Val Campelle, SCURELLE (TN)**, by **ASD TRACKS**, with headquarters in Borgo Valsugana (TN), Viale Roma n. 1/B, on **16/07/2022**,

DECLARES that

- to wish to join, as a non-competitive sympathising member, the ASD Tracks, based in Borgo Valsugana (TN), Viale Roma n. 1/B, and to wish to join the MSP (Movimento Sportivo Popolare), a sports promotion body recognised by CONI;
- have taken note that the event in which they are taking part is a non-competitive endurance event of considerable mental and physical effort (even extreme) and without rankings;
- To be currently in excellent physical condition and without any apparent contraindications. You must be in such good physical condition as to be able to carry out this cycling tour (Tracks6000) in complete safety;
- be aware that, being an off-road mountain track, which will be followed by each participant by means of a GPS track provided by the organisation (to be loaded, at the sole care of each participant, onto a suitable device not provided by the organisation itself), some stretches of the route may be particularly rough and uneven so as to have to be covered on foot, even for long stretches, pushing the vehicle, both uphill and downhill. In these stretches, and in any case along the whole route, an excellent riding technique is required (failing which the participant, at his own discretion, will overcome the difficult stretch by getting off the bike and proceeding on foot or changing route);
- tackling demanding sections of the route (steps, walkways, climbing up hillsides, fording streams, banks and embankments of streams, paths with significant gradients, steep descents, etc.) with the utmost caution without endangering oneself or other cyclists or avoiding them by choosing on one's own initiative alternative routes that one considers safer for one's own safety;
- be aware and accept the fact that the route runs along ridges and exposed points and that, consequently, straying from the route and/or falling, even along the route itself, can be very dangerous and even fatal;
- be aware and accept the fact that there may be fallen trees and dangerous trees along the route and outside the route, the overcoming or falling of which could prove very dangerous and even fatal;
- be aware and accept the circumstance that there may be forestry sites along the route that inhibit transit, both on foot and with mechanical means. In such cases, as well as in all other cases considered dangerous and/or contrary to the Highway Code, the participant will vary the route at his own discretion;
- be aware of and accept the fact that the entire route takes place at high altitude and in a mountain environment, even a severe one, with technical and exposed stretches, both uphill and downhill, with the possibility of severe weather conditions. In order to tackle the route, which also involves many hours in the saddle and possible night rides, it is therefore necessary to have specific skills and abilities, both physical, mental and technical.
- to be a member of an ASD regularly affiliated with a CONI-recognised body and therefore to have deposited with the club with which he/she is registered the original certificate of fitness to practise competitive sport, or sport with a high cardiovascular commitment, in the sport of cycling, as governed by the Ministerial Decree of 24/04/2013 and/or the Ministerial Decree of 18/02/1982, attaching a copy of the aforementioned certificate to the present disclaimer, or
- not to be a member of an ASD and to participate in a "free" manner in the aforementioned cycling excursion (Tracks6000) enclosing with this declaration a copy of the certificate of fitness for the practice of competitive sport or of particular and high cardiovascular commitment in the sport of cycling, pursuant to art. 4 and conforming to the Mod "D" as per DM 24/04/2013 and/or DM 18/2/1982, issued by a doctor specialised in sports medicine, declaring that the same is in conformity with the original one possessed and that it has been reconfirmed today to the organisation;
- be in possession of an R.C. insurance policy by means of a licence/card issued by an ASD company affiliated to a recognised organisation, and/or in any case be covered by a personal insurance policy, which guarantees adequate cover for any damage occurring during participation in this cycling excursion (Tracks6000);
- having read and taken note of the route itinerary, its altitude, the programme, the timetable for passing through the various controls in relation to the weather and road conditions which may be difficult (sun, wind, rain, hail, lightning, cold, night, darkness, fog, snow, ice, whirlwinds, unattended and/or wild animals, etc.);
- be fully aware of the rules of the Road Traffic Act and undertake to comply with them, avoiding any infringement;
- having read, understood and complied with all the information and regulations concerning the organisation of the cycling trip (Tracks6000) disseminated through documents, brochures and the website www.tracks6000.com;
- have received instructions and rules to be observed with regard to the COVID-19 pandemic from the person in charge of the event;
- not to use doping or drugs or medicines or any substance that may alter sporting performance or otherwise lead to situations of harm or danger to themselves or others;
- accept in full the Tracks6000 Rules attached hereto and countersigned. Without reservation;
- to be aware of and to approve that: the participants will be considered "participants" in the event from the actual moment of departure, fixed for 7.30 a.m. on July 16 2022 (except for unforeseeable time shifts as of today), until their actual arrival at Rifugio Carlettini, Val Campelle, Scurelle (TN) - the same place where the departure took place - or, in case of non-arrival, until the moment of their withdrawal communication to be sent, exclusively by sms (no phone calls, no whatsapp), to the number 339 8075925. In the absence of communication of withdrawal, for all legal purposes and so also for any insurance purposes, the member shall be considered in any case ceased from the quality and qualification of "participant" and "member" if, within 100 hours from the start, he does not arrive at the Rifugio Carlettini, Val Campelle, Scurelle (TN), the same place where the start took place. The event will therefore end definitively, in any case, 100 hours after the start.

ACKNOWLEDGES and UNDERSTANDS THE FOLLOWING POINTS

- that the route is not signposted, not even at the main crossroads. It can only be identified by the GPS track provided by the organisation;
- that this is not a competitive race, but a free cycling excursion without rankings; that each cyclist travels at his or her own risk and is considered to be on a free personal excursion with no extra rights compared to other users of the paths and roads;
- that each cyclist is solely responsible for his or her own behaviour contrary to, or otherwise in breach of, the rules of the Highway Code of which he or she is fully aware;
- that there is no health, food and mechanical assistance provided by the organisers of the Tracks6000 cycle tour;
- there is no pick-up service for drop-outs, nor is there any obligation on the part of the organisers to search for participants on the route of the Tracks6000 cycle tour;
- who undertakes to inform the Organiser in case of withdrawal by sending a text message (no Whatsapp) to No. 339 8075925;
- that there is no obligation on the part of the organisation to guard the roads traversed by cyclists taking part in the Tracks6000 cycling event or to secure the danger spots. He has therefore been informed and is aware that no member of the organisation will guard the roads and secure the danger spots;
- that ASD Tracks, as the organiser, is not a professional organising body, but acts solely for recreational and non-pecuniary purposes (1174 Civil Code); and therefore participation in the event is always by free choice and for recreational and non-pecuniary purposes. It therefore follows that the above-mentioned organising ASD is exempt, and in any case relieved, from any responsibility connected with the cycling excursion (Tracks6000). It is also exempt from any liability in respect of events occurring to the cyclist during the cycling tour (Tracks6000) such as: accidents, loss of the route, physical problems, accidents, theft, death, etc. It therefore follows that the Tracks6000 cycling trip is to be understood as a mere spontaneous and independent gathering of cyclists and cycle enthusiasts on a free and personal excursion;
- that out of a pure spirit of hospitality and courtesy, without the requirements of Article 1174 et seq. of the Civil Code, the above-mentioned organising ASD may organise one or more refreshments for the participants;
- that, therefore, the cyclist taking part in the cycling excursion (Tracks6000) renounces to take any legal action whatsoever against the above-mentioned organising ASD, acknowledging that the same is a non-professional association acting for recreational purposes lacking the requisites pursuant to Article 1174 of the Civil Code;
- The entire route, including forest roads, dirt tracks and footpaths, will be open to traffic and hikers at all times and therefore it is mandatory for all participants to comply with the Highway Code and the rules of common caution.

BEFORE, DURING AND AFTER THE TRACKS6000 CYCLE TOUR UNDERTAKES TO

- scrupulously and compulsorily comply with the requirements of the Highway Code;
- Respect and keep clean the places crossed: meadows, woods, paths and farmland;
- do not throw away the waste produced along the route, but throw it into the appropriate collection containers;
- wear an approved protective helmet and be equipped with a puncture-proof kit, rain cape and survival blanket;
- declares that his or her bicycle is equipped with a bell, reflectors, front and rear lights and, in any case, all the compulsory devices required by the Highway Code;
- not form large groups that impede and facilitate regular traffic;
- ride in single file and use any cycle lanes and/or benches reserved for cyclists if present;
- use white front lighting and red rear lighting that are firmly attached to the bike and adequate when natural light is insufficient;
- it is compulsory to wear reflective bands and any warning lights when there is insufficient natural light;
- behave in a respectful and correct manner towards the other participants and those present along the route;
- comply with the regulations related to the COVID-19 pandemic.

By signing this disclaimer, the participant declares that he/she is in possession of and has with him/her at the time of departure all the compulsory material referred to in the preceding paragraphs. He also declares that this material is in perfect working order.

Entry to Tracks6000 is subject to full acceptance of the above declarations and the Tracks 6000 rules without reservation.

Scurelle, on _____ Signature for reading and acceptance (legible) _____

Information on the protection of personal data

The undersigned gives his/her consent to the use of his/her personal data by the organiser for purposes connected with or instrumental to the carrying out of the activity. The organiser will store the data on computer media and the data will be processed in full compliance with security measures to protect confidentiality. As required by law, at any time you may write to the person in charge of data processing c/o the organising association and obtain the updating or cancellation of your data free of charge.

Signature read and accepted (legible) _____

Consent to processing for the purposes and in the manner indicated in the data protection legislation

With my explicit consent I allow the organising company to contact me, to carry out statistical analysis and market research. Furthermore, my data may, with my explicit consent, be provided for statistical analysis and market research to other independent data controllers, whose updated list can be consulted at the data controller's office. I hereby authorise the processing of my data for the purposes of: receiving information by post, telephone, e-mail, sms, mms, carrying out statistical analyses by the organising company.

Signature for reading and acceptance (legible) _____